Prescribing donor milk for outpatients is easy

What is needed from the healthcare provider

**Prescription**
A prescription from a licensed healthcare provider with prescription writing privileges is required. The only exception is small volume supplementation, such as bridge milk in the newborn period, that does not exceed 40 ounces total (per recipient child, not per order). For your convenience, a prescription form can be filled out or uploaded on our website.

**Insurance Pre-authorization**
Medically necessary donor milk is likely to be covered by insurance. Most plans require pre-authorization and a letter of medical necessity. Only the prescriber can request pre-authorization. For your convenience, a letter of medical necessity template is provided on our website.

This step is not needed if the prescription is for discretionary use donor milk that will be paid for by the family.

What is needed from the family

The family will need to contact Mid-Atlantic Mothers’ Milk Bank through the inquiry form on the milk bank’s website or by calling 412-281-4400.

Visit our website to learn more about

- Medical necessity vs. discretionary use
- Donor screening
- Milk testing and processing

Mid-Atlantic Mothers’ Milk Bank (“Three Rivers”) is a non-profit milk bank that serves Pennsylvania, West Virginia, New Jersey, Maryland, and Delaware. Mid-Atlantic Mothers’ Milk Bank is accredited by HMBANA and licensed in Pennsylvania, Maryland, and New York.